

# Trek to Taste

## on the Trails of Woodstock, Vermont

NATIONAL TRAILS DAY  
Saturday, June 6, 2009  
10 AM to 3 PM

- **WALKS** FOR ALL AGES AND ABILITIES  
To the Mt. Tom Farmer's Market;  
the Nordic Cabin and South Peak
- **FABULOUS FARM-FRESH TREATS**  
in Vermont's National Park and  
Woodstock's Town Parks

**COME CELEBRATE OUR  
COMMUNITY'S TRAILS  
& GOOD HEALTH!**

Visit [www.walkwoodstock.com](http://www.walkwoodstock.com)  
for a year-round listing  
of hiking and trail events

# Trek to Taste



Walking is one of the greatest ways to stay fit, meet friends, and enjoy the great outdoors! And the Woodstock trail network has walking routes for everyone and every occasion. On June 6, join us for guided walks starting at 10:30 AM and Noon or grab a map and venture out on your own—along the way sample delicious, local heart-healthy foods from local producers. Your well-behaved, leashed dogs are also welcome!

## Begin at the Forest Center

After parking at the Billings Farm & Museum (overflow parking across the street), join us at the national park's new Forest Center to start your journey. Enjoy trail treats prepared by students who have been studying local food and farms.

## Walk to the Mt. Tom Farmer's Market **1 mile EASY!**

Take the new Stewardship Trail to the Mt. Tom Farmer's Market where you can sample and purchase some of the freshest food we offer in Woodstock direct from local farmers.

## Walk to the Nordic Ski Cabin **2 miles MODERATE!**

Meander the historic Mount Tom carriage roads through the heart of the national park to the Ski Cabin. Join area young people and youth groups for tasty local fare, music and fun activities at the Nordic Ski Cabin. Rest a spell—sit back and enjoy the music or join in the fun for of all ages.

## Walk all the way to South Peak **4.5 miles HEARTY!**

It's the best view around! At the top, you will be rewarded with a picnic prepared by friends from the Trails Partnership who will showcase a gourmet sampling from several local farms and producers.

## Return for a Strawberry Celebration **RELAX!**

Choose one, two or all three of these enjoyable walks. Then reward your efforts with a natural treat back at the Forest Center.

For more information about the event,  
visit [www.walkwoodstock.com](http://www.walkwoodstock.com) or  
email [info@walkwoodstock.com](mailto:info@walkwoodstock.com)

The Woodstock Trails Partnership, a coalition of organizations that have come together to enhance the awareness, use and stewardship of our network of Woodstock trails.

**Billings Park Commission, Town of Woodstock** 802 • 457-3456  
**Marsh-Billings-Rockefeller National Historical Park**

802 • 457-3368 [www.nps.gov/mabi](http://www.nps.gov/mabi)

**Mount Tom Road to the Pogue Race** [www.roadtothepogue.com](http://www.roadtothepogue.com)

**Ottawaquechee Health Foundation**

802 • 457-4188 [www.ohfvt.org](http://www.ohfvt.org)

**Ottawaquechee Community Partnership**

802 • 457-2679 [www.ocpvt.org](http://www.ocpvt.org)

**Two Rivers-Ottawaquechee Regional Commission**

802 • 457-3188 [www.trorc.org](http://www.trorc.org)

**Woodstock Inn & Resort Nordic Center**

802 • 457-6674 [www.woodstockinn.com](http://www.woodstockinn.com)

**Woodstock Area Chamber of Commerce**

802 • 457-3555 [www.woodstockvt.com](http://www.woodstockvt.com)

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